



# STARTING OVER

The Process of Rebuilding



“developing life skills through faith”



*Family Integrity Training*

**Contact us!**

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## Kick-start your **FiT** curriculum



- Simplicity and focus
- Discussion oriented
- Non technical and easy to read
- Problem solving oriented
- Faith based

### **PART 1—Charting a Course**

- ✿ Trust/Faith: finding a guide
- ✿ Knowledge: surveying our paths
- ✿ Moral Excellence: choosing ethically
- ✿ A Good Name: leaving a legacy

### **PART 2—Staying on Course**

- ✿ Self-control: getting focused
- ✿ Patient Endurance: staying focused

### **PART 3—Traveling Light**

- ✿ Coping With Losses: dropping the baggage
- ✿ Forgiveness: dropping the charges

### **PART 4—Arriving Home**

- ✿ A Good Neighbor: living with others
- ✿ A Sacrificial Life: living for others

# Faith Based

“Then you will know the truth, and the truth will set you free.” John 8:32 (NIV)

## ***Ideal for short term client use***

- jail sentences
- recovery houses
- rescue missions
- short prison sentences
- prison work-release centers
- prison work camps
- entrance or exit for any venue

Content is consistent with best social science practices.

# Evidence Based