

STARTING OVER The Process of Rebuilding

"developing life skills through faith"



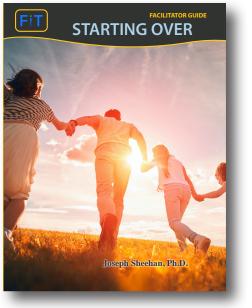
Family Integrity Training

Contact us! www.familyintegrity.org 941. 799. 4975 fit@100hour.org



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Kick-start your **FiT** curriculum



Simplicity and focus

- Discussion
 oriented
- Non technical and easy to read
- Problem solving oriented
- Faith based

PART 1—Charting a Course

Trust/Faith: finding a guide
 Knowledge: surveying our paths
 Moral Excellence: choosing ethically
 A Good Name: leaving a legacy

PART 2—Staying on Course

Self-control: getting focusedPatient Endurance: staying focused

PART 3—Traveling Light

Coping With Losses: dropping the baggage
Forgiveness: dropping the charges

PART 4—Arriving Home

A Good Neighbor: living with others
A Sacrificial Life: living for others

Faith Based

Ideal for short term client use

- jail sentences
- recovery houses
- rescue missions
- short prison sentences
- prison work-release centers
- prison work camps
- entrance or exit for any venue



Evidence Based